

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Bedford Borough Summer Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Sausages with Mashed Potatoes and Gravy	Spaghetti Bolognese With Garlic bread	Roast Bacon loin with Roast New Potatoes & Gravy.	Mediterranean Chicken with Rice	Salmon Fish Finger / Fish Fingers, Chips and Tomato Sauce
16/04/2018 07/05/2018 04/06/2018 25/06/2018 16/07/2018	Vegetarian	Veggie Sausage With mashed Potato	Soya Mince & Veg Stir Fry with Noodles	Quorn Roast with Roast New Potatoes & Gravy	Vegetable and Apricot Tagine with Lemon and Mint Couscous and Wholemeal Flatbread	Wholemeal Cheese, Onion and Spinach Quiche with Chips
		Carrots Garden Peas	Sweetcorn Broccoli	Fresh Mixed Seasonal Vegetables	Mixed Peppers & Green Beans	Baked Beans Garden Peas
	Dessert	Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Platter	Lemon Drizzle cake Yoghurt Fresh Fruit Salad	Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Apple Pie with Custard Yoghurt Fresh Fruit Salad	Iced Sponge Yoghurt Fresh Fruit Salad
Week 2	Main	Chicken Arrabiata Pasta With Garlic Bread	Beef and Bean Fajitas with Baked Jacket Wedges	Roast Chicken Roast Potatoes Stuffing & Gravy	Turkey and leek pie with Mashed potatoes	Breaded Fish Chips, Tomato Sauce
23/04/2018 14/05/2018 11/06/2018 02/07/2018 23/07/2018	Vegetarian	Chickpea and Vegetable Hotpot with new potatoes	Vegetable (Soya) Chilli, Rice and Wholemeal Flatbread	Lentil and Basil Puff Pastry Turnover with Roast Potatoes	Macaroni with Tomato topping and Garlic Bread	Spicy Bean Burger with Chips
		Roasted Peppers & Sweetcorn Mix	Green Beans coleslaw	Fresh Mixed Seasonal Vegetables	Broccoli Sweet corn	Baked Beans Garden Peas
	Dessert	Chocolate and Banana muffin yoghurt Fresh Fruit Salad	Wholemeal Peach Crumble, with custard Yoghurt Fresh Fruit Platter	Oatey Cookie with Fruit Yoghurt Yoghurt Fresh Fruit Salad	Apple Sponge and custard. Yoghurt Fresh Fruit Platter	Wholemeal fruity shortbread Fruit Yoghurt Fresh fruit salad
Week 3	Main	Cajun Chicken with Rice	Ham and cheese Pizza with Baby New Potatoes	Roast Turkey & Stuffing with Roast Potatoes & Gravy	Beef in Soy Sauce with Noodles	Fish in Batter, Chips, Tomato Sauce
30/04/2018 21/05/2018 18/06/2018 09/07/2018	Vegetarian	Potato and courgette layer bake	vegetable pasta Bake	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy	Spanish Omelette with baby new potatoes	Cheese and Tomato French Bread Pizza with Chips
		Coleslaw Green beans	Sweetcorn and Roasted Tomatoes	Fresh Mixed Seasonal Vegetables	Broccoli and Cauliflower	Garden Peas Baked Beans
		Wholemeal Apple crumble with Custard Yoghurt Fresh Fruit Salad	Chocolate Crunch Cake Fruit Yoghurt Fresh Fruit Platter	Apple Flapjack Yoghurt Fresh Fruit Salad	Peach Upside Down Cake Yoghurt Fresh Fruit Platter	Ice Cream Yoghurt Fresh Fruit Salad

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt